




COMPLETE PROCEDURE TO PARTICIPATE IN

NUTRIVIA BY TN



1

Register Yourself

-  Registrations open on 24th June (Wednesday) at 3:00 PM sharp.
-  There's no registration fee.
-  Only 35 slots available (once filled, entries will close immediately).

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2

Exclusive TN Group

✓ Successfully registered participants will be added to an exclusive WhatsApp group made specially for this month's Nutrivia.

💬 This is where you'll receive updates, guidance, and a chance to connect with fellow participants.

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3

Prepare Yourself

- 📖 A short, topic-based PDF file will be provided to all participants.
- 🧠 It's your guide to learning this month's theme (quick, focused, and fun).
- 🎓 No long lectures, no stress, just smart, bite sized learning.



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4

The Competition Day



Competition held on 28th June (Sunday) at 8pm sharp.



The format is a surprise something fun, interactive, and completely new.

No pressure, no boredom, just pure excitement and laughter while you play!



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5

Win Prizes & Certificates

🏆 1st Place: Rs. 2000 🥈 2nd Place: Rs. 1000 🥉 3rd Place: Rs. 500

📄 All participants will receive official E-Certificates for taking part.



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THE NUTRINITY

Let's Unite, Learn & Lead With Fun

BENEFITS OF JOINING

NUTRIVIA BY TN

What You'll Gain

-  Gain fresh knowledge from TN's exclusive content every month.
-  Meet like-minded students from across the field of nutrition.
-  Compete in a fun light-hearted & exciting environment.
-  Build your confidence, win recognition, and have fun while learning.



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